

Injury Management Policy

- ♥ Upon enrolment each athlete will be required to detail any **pre-existing injuries**. If medical information changes during the season please ensure that you let us know.
- ♥ If injuries occur during training, the coach in charge will assess the athlete that is injured and the appropriate course of action will be taken. Parents will be contacted as appropriate.
- ♥ If deemed necessary, Evolve All Stars reserves the right to call an ambulance to ensure the safety and appropriate injury management of our athletes. Parents will be notified immediately if this occurs. Any associated charges with regard to an ambulance will be the responsibility of the athlete/parent. **Evolve All Stars does not supply ambulance cover.**
- ♥ If an athlete suffers a short-term injury and they cannot participate in general training, we encourage them to attend every training session and participate where appropriate (e.g. strength/conditioning). If an athlete suffers a long-term injury, they may be replaced as needed by a fill-in athlete for the required number of competitions. An athlete with a long-term injury should discuss with their coach an appropriate time to return to training once their injury has healed. A doctor's certificate may be required.
- ♥ If any athlete is injured outside of training, we ask that you **contact your coach as soon as possible** to discuss.