

Dress Code

Following our dress code policy assists us to maintain a unified appearance as a team. Your cooperation in following these guidelines ensures a safe and enjoyable training environment. Thank you for representing Evolve All Stars with respect and dedication.

At training

1. WHITE and SILVER Teams:

- ♥ We recommend athletes wear Evolve apparel or red & black attire and white shoes during training.

2. RED and BLACK Teams:

- ♥ Athletes are expected to wear Evolve apparel or red or black attire and white cheer shoes.

3. Hair:

- ♥ Tie long hair back to ensure it is away from eyes and face.

4. Nails:

- ♥ Keep nails short and neat.

5. Jewelry:

- ♥ Remove all jewelry during training to ensure the safety of all athletes.

6. Shoes:

- ♥ Avoid wearing cheerleading shoes outside of the gym to maintain equipment and gym cleanliness.



At competitions

7. Jewelry:

- ♥ No jewelry is allowed as it poses a safety violation and can result in points deduction for the team.

8. Team Representation:

- ♥ Athletes are strongly encouraged to wear at least one piece of Evolve apparel or club colors (red & black) at all times during competitions to represent Evolve with pride.

9. Nail Polish:

- ♥ If athletes choose to wear nail polish, we encourage club colors of red + black or natural tones. Please refrain from bold colors as they can be visible on the performance floor.

10. Support from Parents & Friends:

- ♥ We appreciate parents and friends supporting their athletes and the club by wearing Evolve apparel and club colors to competitions.