

Online Videos & Classes

Policy for Evolve at Home Training

All usual Evolve policies such as our Child Safe Policy, Social Media Policy, Communication Policy and Code of Conduct apply while training at home. However we have added some additional policies/requirements for at home training.

- ♥ As an athlete / parent of an athlete participating in Evolve at Home sessions you agree that:
- ♥ you are doing so at your own risk;
- ♥ a suitable, non-slip floor space is required and any potential obstructions in the vicinity will be removed before the athlete participates;
- ♥ The athlete will avoid activities if they have, or suspect they may have any current health concerns, injuries, aches and pains;
- ♥ The athlete will avoid the use of blades, weapons or sharp instruments of any description;
- ♥ The athlete will avoid physical contact with other participants and where appropriate, adhere to social distancing guidelines;
- ♥ The athlete will only attempt skills and activities that have already been mastered previously. Athletes undertake to not attempt the practice of higher level skills.

Parent Consent

- ♥ By downloading 'Team App' parents and guardians consent to athletes being part of the Evolve teams and having access to the Evolve at home videos and related content
- ♥ Parents are required to monitor/supervise athletes under 18years
- ♥ Refer to eSafety Parents <https://www.esafety.gov.au/parents> for useful tips

Appropriate Conduct Online

- ♥ By downloading Team App guardians agree to the Evolve Social Media Policy, Communications Policy and Child Safe Policy & Evolve Code of Conduct.
- ♥ Only approved Evolve coaches will initiate team video class/chats.
- ♥ Private video calls and private chats between athletes or coaches will not be allowed. If athletes wish to communicate privately they may do so via another form of communication.
- ♥ Only registered Evolve athletes and their family will be permitted to join the Team App.
- ♥ Athletes should wear appropriate attire and behave the same way that they are expected to at the gym (the uniform policy does not apply but anyone participating must be wearing suitable attire)
- ♥ Be mindful of ensuring a suitable location and angle of the camera if participating in live video conferencing